

Rotary



District 5110  
Central & Southern Oregon & Northern California

## 5110 In Action eNews

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### Listen to DG Candidates for 2024-25 Saturday night

By Bill Grile



On Saturday, October 9 at 5:00pm, two exceptionally qualified candidates for D5110 Governor 2024-2025 will deliver 5-minute speeches via ZOOM.

Join the ZOOM online meeting and hear candidates Nelson Maler from the Rotary Club of Grants Pass and Kimberly DeBroux from the Rotary Club of Greater Bend as they speak on a topic each has received from the Nomination Committee.



**Watch your in-box for an email from PDG Bill Grile that will provide an invitation and link to the October 9 ZOOM!**

### Virtual Student Exchanges Still a Fulfilling Experience

By Gerry Kosanovic



Last year the worldwide COVID pandemic challenged our opportunity to operate the highly successful in-person District 5110 Student Exchange. However, an engaging alternative to in-person exchanges is the Virtual Exchange.

It is an appealing alternative opportunity that provides young people with a platform to interact and collaborate with people from other cultures and communities online. Virtual exchanges can help students challenge stereotypes, increase empathy, and develop intercultural competencies. Virtual Exchanges remove many of the barriers that keep some young people from participating in the traditional in-person

exchange. [Click here for the rest of this engaging story regarding our youth service.](#)

If you are interested in this opportunity for your club, contact District Governor Gerry Kosanovic for more information.

### Storytelling Made Easy: Voices of Rotary

By Dan Smith

Want to hear a good story? Who doesn't? Storytelling is said to be one of humankind's most satisfying rites. US News and Reports, said that "The old-fashioned art of storytelling has become a 21st-century sensation." Now Rotarians can listen to great stories with the District 5110 **Voices of Rotary** podcasts.

The varied podcast stories highlight matters of interest to just about



everyone but especially Rotarians. For example, you can listen to a gripping account of Rotary's response to the destructive Almeda Fire in Southern Oregon in 2020. It's a great story--[click here for more info and all the great people working behind the scenes on this Rotary podcast effort.](#)

**Voices of Rotary** will entertain, instruct, enlighten, and expand your understanding of individual contributions of service in our communities. Check it out, access **Voices of Rotary** at <https://youtu.be/fZgwCSc3NtY> For more information or ways in which you can contribute your story, contact: Dan Smith [dan@dewaga.com](mailto:dan@dewaga.com)

## Plant a Tree: Breathe Easier

By Nikki Rizzardini and the District 5110 Committee for the Environment

In each leaf of a tree is a solar powerhouse that uses light to convert CO2 and water into carbohydrates for growth and then releases the oxygen that we all breathe. It's a miracle known as photosynthesis.

Governor Gerry Kosanovic asks each D5110 member to plant a tree this year. That could be about 3000 trees. Wow! Why? Because when we plant trees we benefit our environment in several very important ways:

- We fix carbon as wood and reduce CO2 in the atmosphere
- We provide shade around homes, parks and walkways to reduce heat
- We create habitat for birds and wildlife
- We reduce storm water runoff and erosion during flooding
- We promote healthier soil
- We beautify and re-green our landscapes in wildfire affected communities



[Click here for more at the D5110 website.](#) Your District Committee for the Environment is here to help! We meet the 4th Wed of the month at 6pm on Zoom. Contact Nikki Rizzardini [nrizzard@gmail.com](mailto:nrizzard@gmail.com) District Environment Chair, Springfield Twin Rivers Rotary

## RBN Spotlight on Doug James and TechnaPrint

By Bill Grile



In 1905, Paul Harris launched Rotary to leverage friendships and build ethical business relationships. He knew doing this would strengthen businesses as well as communities. The Rotary Business Network aims to do likewise. This week we salute Doug James and TechnaPrint.

Doug is Past President of Eugene Rotary Club where he serves today as its membership chair. He champions The Rotary Foundation and is a multiple Paul Harris Fellow. TechnaPrint is a locally owned and operated company that has been in business for over 30 years. The company takes great pride in putting customers first to help clients achieve their goals with effective solutions and high-quality printed materials. Value, vision and expertise. Learn more about TechnaPrint and how its services can help your business achieve its goals by visiting:

<https://rotarybusinessnetwork.org/listings/technaprint/>

Every 5110 Rotarian with a business or profession is entitled to a listing in the directory. If your biz is not listed, [click here and add it!](#) Visit RBN at: <https://rotarybusinessnetwork.org/> or email [team@rotarybusinessnetwork.org](mailto:team@rotarybusinessnetwork.org) if you have questions.

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## World Polio Day October 24

By DG Gerry Kosanovic

One day with one focus. Every club. Every Rotarian. Sunday, October 24 is World Polio Day and there is still time to plan an event in your area to raise awareness and/or funds to eradicate this terrible disease.



There is a **tool kit** to help you with your planning on the Rotary website, [www.endpolio.org](http://www.endpolio.org). No idea is too funky or outrageous as a matter of fact, sometimes the more outrageous, the better. Simple ideas work great, too.

Organize a **Walk for Polio** or **Cycle for Polio** or **Hike for Polio** event in the community. Host an End Polio event in your home or local coffee shop. Any of these can be an avenue for raising funds and awareness that eradicating the Poliovirus is a priority with Rotarians.

There will be a live stream World Polio Day program on October 24 that you can watch live and it will be recorded for later viewing. It's our legacy. We're so close to ending this awful virus let's get it done.

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## Assorted Levity for Your Rotary Week/Life

By Mike Corwin

### Funny inspirational quotes to lift your mood:

**You're at your best when you don't know what you're doing.** **Paul Stanley**

**A day without sunshine is like, you know, night.** **Steve Martin**

**A good time for laughing is when you can.** **Jessamyn West**

**Focus, focus, focus! What am I, a telescope?** **Naruto Uzumaki**

**Always be nice to your children because they are the ones who will choose your rest home.** **Phyllis Diller**

